Hepatitis B Vaccine

Toronto Public Health offers free hepatitis B vaccine for Grade 7 students at school clinics.

Instructions for parents:

- 1. Read the vaccine fact sheet.
- 2. Complete the consent form and return it to your child's school.
- 3. Find your child's school clinic date at www.toronto.ca/health.
- 4. Have your child eat breakfast on the day of the clinic and wear a shortsleeved shirt.
- 5. Toronto Public Health will be in the schools several times per school year. If your child missed the vaccine, he/she can still get vaccinated at the next school clinic. Catch up clinics are also available at www.tphbookings.ca.

Hepatitis B Infection

Hepatitis B is a virus that infects the liver. It can cause serious complications including permanent liver damage like cirrhosis, liver cancer or death. The infection can take up to nine months to appear. Symptoms include yellowing of skin and eyes (jaundice), loss of appetite, stomach pain, nausea, tiredness, fever, and pain in joints. Some people, especially young children, will not have symptoms. Some people will carry the virus in their body for the rest of their lives.

Hepatitis B is contagious. It is spread through contact with infected blood and body fluids. It can contaminate surfaces for up to 7 days. It can be spread:

- through a needle stick injury, with a contaminated needle
- by being splashed in the mouth, nose or eyes with infected blood
- by being bitten by an infected person
- by sharing infected personal items such as a toothbrush, nail clipper, razor or needles
- by getting a tattoo or piercing with unsterilized equipment
- through sexual contact with an infected individual
- from an infected mother to her child during pregnancy or during childbirth

Hepatitis B Vaccine Benefits (Recombivax HB® or Engerix®-B)

The vaccine works 95% to 100% of the time to prevent hepatitis B infection and disease. The vaccine is recommended for some career choices and travel. Hepatitis B vaccine can be given on the same day as other vaccines. Only two doses are needed for youth ages 11 to 15 years of age.

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Vaccine Side Effects and Risks

The vaccine is safe, effective and well tolerated. Reactions are usually mild and go away in a few days. Common side effects include pain and redness where the vaccine was given, headache, feeling tired or irritable. In some rare cases, serious reactions such as trouble breathing, rash, swelling in the throat and face may occur and can be treated. These rare occurrences are usually temporary. Public health nurses observe students for 15 minutes following vaccination to monitor for any reactions.

People Who Should Not get the Vaccine

The vaccine is not recommended if your child has had a serious reaction to any of the contents in the vaccine: alum, yeast protein, latex (Recombivax® vaccine only). If your child has had a severe allergic reaction to any vaccine, Toronto Public Health can arrange to have the vaccine given by your health care provider. As a precaution, if your child is sick with more than a cold, delay getting the vaccine until your child is feeling better.

If your child has already received the full series of any hepatitis B vaccine including Twinrix® or Twinrix® Jr (combined hepatitis A and B vaccine), your child does not need to be vaccinated again. Fill out your child's previous vaccinations on the consent form so your child's vaccination record can be updated.

For More Information

- Talk to your health care provider for more information
- Watch the Hepatitis B vaccine video online at toronto.ca/health under "Communicable Disease Control"
- Call Toronto Public Health's Immunization Information Line at 416-392-1250
- For school clinic dates or to make an appointment for a catch up clinic, visit us at toronto.ca/health under "Immunization Services"; "Clinics"

Sources:

1. National Advisory Committee on Immunization (NACI). Part 4: Hepatitis B Vaccine in Canadian Immunization Guide, Evergreen Edition. Published by Public Health Agency of Canada, Ottawa: June 2015. http://www.phac-aspc.gc.ca/publicat/cig-gci/p04-hepb-eng.php



HEPATITIS B VACCINE CONSENT FORM

1. STUDENT INFORMATION

Last Name			First Name	Ontario Health Ca	Male Female Other			
Birthday			School		Class or Teacher's Name			
Year	Month	Day						
Parent / Legal Guardian Name (please print)			Relationship to Student Home Phone:		Work or Cell:			
possible ris	the attac ks and si	ched hepat de effects	itis B vaccine fact sheet. of the hepatitis B vaccine	e. I understand	ne expected benefits and the possible risks to my child ered by Toronto Public Healtl			
Please cho	ose one	of the foll	lowing options:					
Yes. I authorize Toronto Public Health to administer two doses of hepatitis B vaccine to my child. This consent is valid for two years. I understand that I can withdraw my consent at any time.								
vacc		authorize ⁻	Γoronto Public Health to	vaccinate my c	hild with the hepatitis B			
X Signa	ture of Pa	rent or	Legal Guardian		Date			
_					Duto			
My child has already received Hepatitis B vaccine. Circle which one: Twinrix® Jr. / Twinrix® / Engerix®-B Recombivax-HB®				Dates vaccine were given:				
Does your	child hav	e any alle	rgies?	YES NO	If "yes," explain			
Has your c	hild ever	reacted to	a vaccine?	YES NO				
Does your	child hav	e a history	of fainting?	OYES ONO				
Does your	child hav	/e a seriou	s medical condition?	OYES ONO				
Does your child have a weak immune system or taking a medication that increases the risk of infection? (e.g. corticosteroids)				YES NO				

Personal health information on this form is collected under the authority of the Health Protection and Promotion Act, R.S.O. 1990, c.h.7. It is used to administer the Toronto Public Health Vaccine Preventable Diseases Program, including maintaining immunization records for students. The confidentiality of this information is protected. For more information, visit our Privacy Statement at teth-to/personalhealthinfo or contact Manager, Vaccine Preventable Diseases – 235 Danforth Ave., 2nd floor or by telephone at 416-392-1250.

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FOR TORONTO PUBLIC HEALTH USE ONLY Student Name/Client ID:						
NURSING ASSESSMENT (nurse to com	DOSE 1	DOSE 2				
For the second dose, is there a minimum of since the first dose? (check coverage report)	168 days	Not applicable	OYES ONO			
Have you received any hepatitis B vaccine fr another health care provider?	om	Not applicable	YES NO			
3. Do you understand what this vaccine is for?	OYES ONO	OYES ONO				
4. Have you ever had a reaction to a vaccine?	OYES ONO	OYES ONO				
5. Are you allergic to yeast, alum, latex, other?		YES NO	YES NO			
6. Has anything changed with your health recer	ntly?	YES NO	YES NO			
7. Are you sick today? Do you have a cold, or forworse?	eeling	YES NO	YES NO			
HEPATITIS B VACCINE INFORMATION						
Dose 1	Dose 2					
◯ Engerix®-B 1.0mL / 0.5mL IM	◯ Engerix®-B 1.0mL / 0.5mL IM					
○ Recombivax HB [®] 1.0mL / 0.5mL IM	O Recombivax HB® 1.0mL / 0.5mL IM					
O vaccine self loaded	O vaccine self loaded					
O vaccine loaded by:	O vaccine loaded by:					
DATE	DATE					
TIME	TIME					
LOT#	LOT #					
DELTOID: Left Right	DELTOI	D: Left	Right			
SIGNATURE:	SIGNATURE:					
Panorama entered by:	Panorama entered by:					
NOTES						